

BASE EXTRAS COVER



Base Extras is our most affordable extras option, giving you lower-cost benefits for services like physiotherapy, optical, and essential therapies. It's a simple, budget-friendly choice for everyday needs.

EXTRAS BENEFIT TABLE		BASE EXTRAS		
SERVICE	WAITING PERIOD	BENEFIT	SUB-LIMIT*	CALENDAR YEAR LIMIT
PHYSIOTHERAPY & OTHER THERAPIES				
Physiotherapy	2 months	Initial \$27 Standard \$24 Group* \$8	\$80*	\$390 person \$780 family
Exercise Physiology	2 months	Initial \$27 Standard \$24 Group* \$8	\$80*	
Occupational Therapy	2 months	Initial \$27 Standard \$24	x	
PODIATRY				
Podiatry	2 months	Initial \$31 Standard \$27	x	\$390 person \$780 family
Foot Orthotics	12 months	Set benefit per item	x	
DIETICIAN				
Dietician	2 months	Initial \$28 Standard \$25	x	\$390 person \$780 family
THERAPIES[^]				
Remedial Massage	2 months	No benefit	x	No benefit
Acupuncture	2 months	No benefit	x	
Myotherapy	2 months	No benefit	x	
Naturopathy	2 months	No benefit	x	
CHIROPRACTIC & OSTEOPATHIC				
Chiropractic	2 months	Initial \$25 Standard \$21	x	\$390 person \$780 family
Osteopathic	2 months	Initial \$27 Standard \$24	x	
MENTAL HEALTH				
Clinical Psychology	2 months	No benefit	x	No benefit
Counselling [^]	2 months	No benefit	x	
Mental Health Social Worker [^]	2 months	No benefit	x	

EXTRAS BENEFIT TABLE		BASE EXTRAS		
SERVICE	WAITING PERIOD	BENEFIT	SUB-LIMIT*	CALENDAR YEAR LIMIT
OPTICAL				
Prescription Glasses & Contact Lenses	6 months	\$185 per person	x	\$185 per person
AMBULANCE SUBSCRIPTION				
Ambulance subscription refund	0 months	Family \$80 Single \$40	x	Equal to benefit
EYE THERAPY				
Eye Therapy	2 months	Initial \$27 Standard \$24	x	\$390 person \$780 family
SPEECH PATHOLOGY				
Speech Therapy	2 months	Initial \$37 Standard \$24	x	\$390 person \$780 family
HOME NURSING				
Visiting Nurse (Excludes midwifery services)	2 months	\$12	x	\$350 person \$700 family
PHARMACY				
Non PBS prescriptions	2 months	\$15	x	\$100 person \$200 family
HEALTH MANAGEMENT BENEFITS				
APPROVED PROGRAMS**	6 months	No benefit	x	No benefit
HEALTH AIDS & APPLIANCES^^				
Blood Glucose Monitor	36 months	\$150 every 3 years	x	\$600 person \$1,200 family
Blood Pressure Monitor	36 months	\$125 every 3 years	x	
TENS Machine	36 months	\$125 every 3 years	x	
Nebuliser	36 months	\$125 every 3 years	x	
CPAP Machine Only	36 months	\$230 every 3 years	x	
Hearing Aid	36 months	\$500 every 5 years	x	
Braces & Splints	12 months	65% up to \$300 every 3 years	x	
CAM Boot	12 months	65% up to \$300 every 3 years	x	
Artificial limbs & Prosthesis	12 months	65% up to \$300 every 2 years	x	
Crutches, walking frame & walking stick (including hire of)	12 months	65% up to \$25 every 2 years	x	
Wigs	12 months	65% up to \$150 every 2 years	x	
Compression Garments*	12 months	65% up to \$150 every 2 years	x	

BASE EXTRAS

All benefits are subject to waiting periods and benefit limitations.

* Sub-limits apply to these services — see our Members information brochure for more information.

Group benefits are not payable for Occupational Therapy.

^ Service provider must be accredited with the Australian Regional Health Group (ARHG).

^^ Health Aids and Appliances must be medically necessary and for the treatment of specific conditions.

+ Conditions apply, sport related garments are excluded. Contact the Fund for further information.

IMPORTANT BENEFIT INFORMATION

BASE EXTRAS

OPTICAL BENEFIT

Covers your prescription glasses and contact lenses that have been prescribed by a registered optometrist.

Non-prescription sunglasses are specifically excluded. Your claim for benefits will be processed as at the date you collect or receive your glasses or contact lenses, not the date that they are ordered. Glasses and contact lens maximums apply per calendar year.

AMBULANCE SUBSCRIPTION

Ambulance subscription benefits are payable on the subscription paid to an Ambulance service provider only.

Subscription costs and conditions vary from state to state. See our Member Information Brochure for 'Ambulance Explained.'

FOOT ORTHOTICS

Foot Orthotics must be prepared for the member by a registered podiatrist or a registered orthotist.

Pursuant to a referral from a registered podiatrist or doctor in the course of private practice. Benefits are not payable on pre-fabricated orthotics.

GROUP THERAPY

Group Therapy benefits are only payable when treatment is provided by a registered Physiotherapist, Exercise Physiologist or Clinical Psychologist.

Group Treatment is defined as when a patient does not have the provider's exclusive attention for the entire therapy session (e.g. more than one patient.)

DENTURES

Subject to waiting periods, benefits are limited to one full set of dentures per person every 3 year service years.

PHARMACY

All of our Extras covers include benefits towards the cost of Pharmaceutical Prescriptions that are not part of the Pharmaceutical Benefits Schedule (PBS).

Benefits are payable where all of the following apply;

- The drug, (includes vaccinations) is only available on prescription
- The drug is listed within the MIMS schedule as S4 or S8
- The drug is not recognised by the PBS

To make a claim, your pharmacy receipt must include;

- Script number
- Dispensed date and description of each medication
- Individual charge of each medication
- Full name of the person who received the medication
- Full name and street address of pharmacist
- Details of payment

TELEHEALTH BENEFITS

Telehealth consultation benefits apply to the following service types only;

- Psychology consultations
- Physiotherapy
- Dietitian
- Speech Pathology
- Occupational Therapy
- Podiatry
- Exercise Physiology

IMPORTANT:

All the information in this brochure is up to date as of 1 April 2026 and supersedes all previously published material. Things can change, sometimes quickly so keep in mind that benefits, rules, and details may be updated at any time.

Membership with Mildura Health Fund (and the benefits that come with it) are guided by the Private Health Insurance Act and our official Fund Rules.

Before you make any decisions about your cover, give this fact sheet a good read and hang onto it for later.

If you're having treatment and plan on making a claim, please contact us first. We can confirm exactly what you're covered for before you book in. It's also smart to review your cover regularly to make sure it still suits your health needs as life changes.

Need more details?

This document is an overview, but if you want extra information on any service or benefit, call us on (03) 5023 0269 or pop into one of our branches. We're always here to help.

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(03) 5023 0269 | mildurahealthfund.com.au | mhf@mildurahealthfund.com.au